

The Michigan Model for Health/SEL Crosswalk was developed by integrating the K-12 Social and Emotional Health units and the High School Skills: A Strong Foundation unit with the 17 SEL Competencies and Indicators. Explicit and implicit connections are evident.

Lessons	K-2 Social and Emotional Health	3-5 Social and Emotional Health	6 Social and Emotional Health	MS (7-8) Social and Emotional Health	HS (9-12) Unit 1 Skills: A Strong Foundation	HS (9-12) Unit 2 Social and Emotional Health
Self-Awareness						
1A. Demonstrate an awareness of their emotions.	K - L 4,6 1st - L 2 2nd - L 1,2	3rd - L 1 4th - L 1,2 5th - L 1,5,11,12	L 1,10	L 1,4,5,6,14	L 18	L 1,2
1B. Demonstrate an awareness of their personal traits, including their strengths and interests.	2nd - L 4	3rd - L 3 5th - L 11,12	L 1,6,10	L 1,4,14	L 18	
1C. Demonstrate awareness of their external supports.	K - L 3,8 1st - L 7 2nd - L 8,9	3rd - L 1,2 4th - L 8,9 5th - L 3,7,9,11,12	L 6,10	L 3,4,9,10,11,14	L 18	L 4,5,8,9,10

1D. Demonstrate a sense of personal responsibility.	K - L 8 1st - L 8 2nd - L 8,9	3rd - L 8 4th - L 1,2 5th - L 1,5,9,11,12,13	L 6,10	L 2,4,6,12,13,14	L 18	L 1,10
Self-Management						
2A. Identify and manage their emotions and behavior constructively	K - L 5,6 1st - L 1 2nd - L 1,7	3rd - L 5 4th - L 1,2,3 5th - L 1,5,11,12	L 2,3,4,5,10	L 2,5,6		L 2,3
2B. Demonstrate honesty and integrity.	1st - L 8 2nd - L 8,9	3rd - L 8 4th - L 3 5th - L 7,8,11,12	L 2,3,4,5,7,8,9,10	L 3,6,14		L 7,8,9
2C. Set, monitor, adapt, evaluate goals to achieve success in school and life.	1st - L 7,8 2nd - L 8,9	3rd - L 8 4th - L 6,7,8,9 5th - L 7,8,11,12,13	L 10	L 3		L 3
Social Awareness						

3A. Demonstrate awareness of other people's emotions and perspectives.	K - L 6 1st - L 1 2nd - L 1,6	3rd - L 1,4 4th - L 3,5,6,7,8 5th - L 3,4,5,6,9,10,11,12	L 2,3,4,5,6,8,9	L 4,5,6,7,8,9,10,11,12,14		L 5
3B. Demonstrate consideration for others and a desire to positively contribute to the school and community	1st - L 2,5 2nd - L 5,6	3rd - L 4,6 4th - L 3,5,6,7,8 5th - L 3,4,5,6,9,11,12	L 2,3,4,5,6,8,9	L 4,5,6,7,8,9,10,11,12,14		L 5
3C. Demonstrate an awareness of different cultures and a respect for human dignity		3rd - L 4,5 5th - L 6,9,11,12	L 5,8,9	L 5,6,7,8,9,10,11,12,14		L 5
3D. Can read social cues and respond constructively.	1st - L 1,2 2nd - L 6	3rd - L 5,6 4th - L 5,6,7,8 5th - L 4,5,6,7,9,11,12	L 2,3,4,5,6,8,9	L 5,6,7,8,9,10,11,12,14		L 5

Relationship Skills						
4A. Use positive communication and social skills to interact effectively with others.	K - L 1,7 1st - L 3,4,6 2nd - L 3,6	3rd - L 2,7,8 4th - L 1,4 5th - L 2,4,5,6,7,8,11,12	L 2,3,4,5,7,8,9	L 5,6,7,8,9,10,11,12,13	L 10,11,12,13	L 6,8,9
4B. Develop and maintain positive relationships.	K - L 2 1st - L 6 2nd - L 4,6	3rd - L 1,2,7,8 4th - L 1,4 5th - L 2,4,5,6,7,8,11,12	L 1,2,3,4,5,7,8,9	L 5,6,7,8,9,10,11,12,13		L 6,8,9
4C. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts in helpful ways.	1st - L 5 2nd - L 4,6	3rd - L 5,7,8 4th - L 1,4 5th - L 2,4,5,6,7,8,11,12	L 2,3,4,5,6,7,8,9	L 5,6,7,8,9,10,11,12,13	L 14,15	L 6,8,9
Responsible Decision Making						

5A. Uses personal, ethical, safety, and cultural factors in making decisions.	1st - L 8 2nd - L 8,9	3rd - L 8 4th - L 5,6,7,8,9 5th - L 7,8,11,12	L 1,6,7,8,9,10	L 6,7,8,9,13	L 5	L 3
5B. Develop, implement, and model effective decision making skills to deal responsibly with daily academic and social situations.	K - L 8 1st - L 7,8 2nd - L 8,9	3rd - L 8 4th - L 5,6,7,8,9 5th - L 4,7,8,11,12,14	L 7,8,9	L 7,8	L 5	L 3
5C. Play a developmentally appropriate role in classroom management and positive school climate.	1st - L 8 2nd - L 8,9	3rd - L 8 4th - L 5,6,7,8,9 5th - L 4,7,8,11,12,14	L 7,8,9	L 7,8,10	L 5	L 3,10